INTERNATIONAL CONFERENCE – 2012

Theme: YOGA IN EDUCATION

November 27th and 28th 2012

Jointly organized by Tumkur University and SVYASA, Bangalore

POST CONFERENCE WORKSHOP

(29th November to 5th December 2012 at SVYASA, Prashanti Kuteeram Campus, Bangalore)

Background

It is said that “He who refuses to be a student is refusing to be a Teacher”. Learning is a continuous process. Teaching is becoming increasingly challenging and demanding with varied student background, capability and interest on the one hand and compelling needs of the end user on the other hand. With rapidly advancing technology, globalization and multinational, multi centered business activity empowerment of human resource through appropriate education has become need of the hour. Based on Swami Vivekananda proclamation ‘Education is the manifestation of Perfection already in Man’, this programme is aimed at enriching the faculty with a blend of theory and practice specially designed, based on Indian ethos viz traditional knowledge and Yoga to enhance the quality of Teaching – Learning process in higher education and prepare graduates equipped with the right knowledge, skill, attitude and personality who can contribute to the economic, cultural and harmonious development of the society and nation at large.

Objectives

- To build awareness among faculty about the role of Yoga in Higher education
- To outline the Educational Philosophy
- To impart basic and advanced Yoga training
- To impart training in Indian ethos in Education
- To develop skills for appropriate Instructional Design and Delivery
- To review/monitor and evaluate the intended outcome
- To promote Research temperament

Intended outcome

- Enhanced effectiveness in the Teaching – Learning process
- Better empowerment of students for personal, national and societal growth
- Build a team of highly motivated, dedicated and empowered faculty
Indicative contents

- Yoga Philosophy
- Yoga practices, Advanced Yoga techniques
- Total personality development – Memory development, Emotion culture, Yoga games etc..
- Yoga education in traditional Gurukula education
- Teaching, Learning and evaluation methods
- Yoga and Education research

Daily Schedule

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<th>Session 1</th>
<th>Session 2</th>
<th>10.30 to 11 am</th>
<th>Session 3</th>
<th>1-2 pm</th>
<th>Session 4</th>
<th>5 – 7.30 pm</th>
<th>Session 5</th>
<th>8– 10.00 pm</th>
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<tr>
<td>Yoga Practices</td>
<td>Theory</td>
<td>Break</td>
<td>Theory and practice</td>
<td>LUNCH Group activity</td>
<td>Outdoor activities, Evening prayer</td>
<td>Happy assembly, Cultural events</td>
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