Want to

• Make a difference to the hospitals
• Enjoy positive health and self improvement
• Develop integrity, responsibility, reliability, dependability and compassion

Objectives

• To train students to be well versed in Yoga Therapy
• To bring all round personality development of the students at all levels of their personality
• To produce therapists of high calibre who could work efficiently as a Yoga therapist in the hospitals, spa, wellness centres, start their own Yoga centres.

Mail Address: admissions@svyasa.org
Website: www.svyasa.edu.in
Ph: 080-2263 9968 / 080-2263 9967
Postal Address: Prashanti Kutiram, c/o ‘Eknath Bhavan’, No. 19 Gavipuram Circle, Kempegowda Nagar, Bengaluru – 560 019
Eligibility
• Bachelor’s Degree in any discipline and YIC
• Knowledge of English
  (should be able to read, speak, understand and write well)

Key Features
• Gurukul atmosphere
• Good mix of the Best of the West and the best of the East in teaching
• Holistic therapy hospital
  (with Yoga, Naturopathy, Ayurveda and Physiotherapy)
• Research Laboratory
• Emphasis on Self Growth (Be and Make)
• Homely atmosphere.

Subjects of Study
• **Semester 1**: Basis of Yoga Therapy, Samskritam, Anatomy and physiology, Yoga Therapy for Common Ailments, Yoga Therapy techniques, Yoga practice for Emotion Culture, Yoga Practice for Personality Development, spoken Samskrtam and Advanced Yoga Techniques.
• **Semester 2**: Patanjali Yoga Sutras and Shatdarshanas, Health Psychology and clinical training.
• After successful completion of two semesters, internship for 3 months.

Fees Structure:

<table>
<thead>
<tr>
<th></th>
<th>Indians and SAARC in ₹</th>
<th>Other than SAARC in US $</th>
</tr>
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<tbody>
<tr>
<td>First Semester</td>
<td>42,550</td>
<td>2200</td>
</tr>
<tr>
<td>Second Semester</td>
<td>34,300</td>
<td>1600</td>
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<tr>
<td>Total</td>
<td>76,850</td>
<td>3800</td>
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Application Fees of ₹ 300/-
_to be submitted at the time of applying for the course in case of Indians and SAARC_

Initial Payment of US $ 10/-
_to be remitted at the time of downloading the application in case of Other than SAARC_

Apply Online