



S-VYASA

Deemed to be University
Bengaluru, India
www.svyasa.edu.in

MSc Hatha Yoga

Regular, Full-time
Program



The Course, MSc - Hatha Yoga (MHY) helps you to enjoy positive health; enjoy an urge of self-improvement, develop integrity, develop responsibility, develop reliability, develop dependability, develop compassion and develop immunity.

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA, Deemed to be University) conceptualized the M.Sc. (Hatha Yoga) to produce Hatha Yoga Masters who would participate in Himalaya, Olympics and more such competitions as well as coach all age groups of people who are willing to participate in Yoga competitions.

Highlights of the Course:

- Hatha Yoga theory and practical training will be given by experts in Hatha Yoga.
- Research teaching from researcher of our Research center.
- Yogic principles will be taught by experts in the field of Yoga.
- Course is a perfect blend of theory, practical and field work.
- Peaceful ambiance for learning.

Job Scope: Yoga Coaches for competitions, to participate in competitions, Yoga teachers in schools, colleges and universities to train students for Yoga competitions, Yoga coaches in stadiums, can start own studio, own Hatha Yoga Center/ ashram, researcher to develop tools for effective measurement of practices in competitions.

Details of the Course:

Detailed Notification Link: https://www.svyasa.edu.in/pdf/2021/Notification_pg%201-merged.pdf

Eligibility: Bachelor's degree in any discipline with 50% marks with knowledge of English (should be able to Read and write well)

Course Duration: 2 yrs (Regular Fulltime Program)

Online Application Link: <https://svyasa.iweb.online>

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