



# S-VYASA

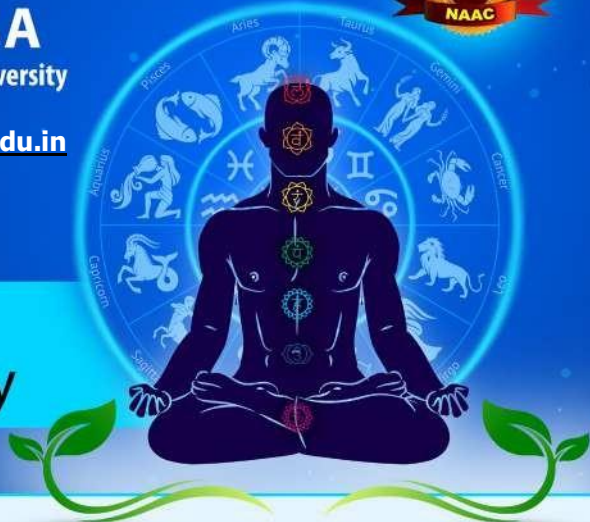
Deemed to be University  
Bengaluru, India

[www.svyasa.edu.in](http://www.svyasa.edu.in)



# MSc Yoga and Vedic Therapy

Regular, Full-time  
Program



The Course, MSc in Yoga and Vedic Therapy (MSYVT) combines the philosophical and scientific understanding of the Basic principles of our Ancient Healing Traditional Systems (Yoga, Yajnas, Mantras, Ayurveda and Medical Astrology) and encourages the students to experience the Ancient Wisdom Based Knowledge through Evidence Based Research Applications.

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA, Deemed to be University) conceptualized the MSc Yoga and Vedic Therapy (MSYVT) from Yoga- Spirituality Division to produce Yoga and Vedic Therapy Experts/ Masters who would become the exponents both in the field of Yoga therapy as well as the Ancient Vedic Healing System.

### Highlights of the Course:

- Theoretical Aspects of Yoga from Classical Scriptures and Practical Aspects of therapy with Arogyadhama Training.
- Understanding of Yoga Biomechanics with the basics of Anatomy and Physiology
- Health concepts and practices from Indian Medicinal System (Ayurveda)
- Common Ailments and Influence of Planetary system through Medical Astrology
- Understanding of Evidence Based Healing Mechanisms of the Sacred Fire Ritual Therapy, Sacred Sound therapy to restore and enhance Eco Balance and Personal Spiritual Growth.

**Proficiency:** To produce outstanding teaching professional of Philosophy and Practice of Yoga, Vedanta, Yajna Researches, Medical Astrology and as Health Consultants/ Counsellor to provide Integrated Approach of Yoga Therapy (IAYT).

**Job Scope:** The course supports both Self-Employment as well as Getting Recruited in Reputed and Recognized Health and Wellness Institution as Academician, Researcher, Yoga and Wellness Consultant, Trainers Therapists and Vedic Healing Therapists.

### Details of the Course:

**Detailed Notification Link:** [https://www.svyasa.edu.in/pdf/2021/Notification\\_pg%201-merged.pdf](https://www.svyasa.edu.in/pdf/2021/Notification_pg%201-merged.pdf)

**Eligibility:** Bachelor's Degree in any discipline with 50% marks with knowledge of English (should be able to Read and write well)

**Course Duration:** 2 yrs (Regular Fulltime Program)

**Online Application Link:** <https://svyasa.iweb.online>

**Admission Ends on:** 10th Febraury 2023

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