

**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA (S-VYASA)**  
(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

**Time Table– August – December 2021**

B.Sc. (Yoga Therapy) - III Semester

S-VYASA/B.Sc.YT/TT/ Aug/2021

	6 -7.00 am	9 - 9.50 am	10-10:50am	11-11.50am	12-12.50 am	2 – 2.50pm	3 – 3.50 pm
<b>Mon</b>	BSYTP 306	Self study	BSYTT 302	BSYTTE1 301	BSYTP 305	BSYTTE2 301	BSYTP307
<b>Tue</b>	BSYTP 306	Self study	BSYTT 302	BSYTTE1 301	BSYTP 305	BSYTTE2 301	BSYTP307
<b>Wed</b>	BSYTP 306	BSYTT 304	BSYTT 302	BSYTT 303	BSYTP 305	BSYTTE2 301	BSYTP307
<b>Thu</b>	BSYTP 306	BSYTT 304	BSYTT 302	BSYTT 303	BSYTP 305	BSYTTE2 301	BSYTP307
<b>Fri</b>	BSYTP 306	BSYTT 304	BSYTP 305	BSYTTE1 301	BSYTT 303	Self study	BSYTP307
<b>Sat</b>	BSYTP 306	BSYTT 304	BSYTP 305	BSYTTE1 301	BSYTT 303	Self study	BSYTP307

Subjects with code	Faculty	Credits	Hrs
BSYTTE1 301 Yoga Vasishtha	Dr.Soubhagyalaxmi Mr.	3	45
BSYTTE2 301 Yoga Introduction to the Vedas and Vedangas	Naveen Kumar H		
BSYTT 302 Methods of Teaching Yoga	Dr. Balram Pradhan	3	45
BSYTT 303 Life and Message of Ancient Yoga Masters	Mr. NaveenKumar H	3	45
BSYTT 304 Essence of Bhagavad Gita for Personality Development	Dr. Samatha P	3	45
BSYTP 305 Advanced Techniques	Dr. Vikas Rawat	2	60
BSYTP 306 Yoga Asana Practice Level -3	Mr. Zayeem	2	60
BSYTP307 Kriya & Pranayama Level - 2	Mr. Parameshwar Some	2	60
<b>Total Credits &amp; Hrs</b>		18	360

Coordinator B.Sc.YT

**Dr. VIKAS RAWAT**  
Co.ordinator - B.Sc Course  
S-VYASA Yoga University  
Bangalore

Dean of Academic

**Dr. R. CHANDRASEKHAR**  
Dean of academic  
S-VYASA  
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